



metro council
for teen potential
585-445-6720
metro council@rochester.org

Metro Council
for Teen Potential

THIS INFORMATION COMPILED AND DISTRIBUTED BY

Where youth can find confidential reproductive and general health care. (Many services are free.)

Rochester Youth Health Centers

	Highland Family Planning	Trillium Health
Location	757 S. Clinton Ave.	259 Monroe Ave.
Bus No#	51	47 Monroe
Telephone	585-279-4890	585-545-7200
Services	Birth control, Emergency contraception, Health education, STD testing and treatment, Pregnancy testing, HIV rapid testing	Primary care, Health education, HIV rapid testing, HIV prevention, PrEP and PEP HIV treatment, HEP C rapid testing, STD testing and treatment, Pharmacy on site
Ages Served	Men & women of childbearing age Confidential	Testing: 13 and older, no parental consent
Appointment Required?	Appointment recommended, but walk-ins welcome	Walk-in services for testing. Appointments required for primary care.
Hours		
Monday	12:30pm–8:00pm	8:00am–6:00pm
Tuesday	8:30am–5:00pm	8:00am–7:00pm
Wednesday	12:30pm–8:00pm	8:00am–6:00pm
Thursday	8:30am–5:00pm	8:00am–6:00pm
Friday	8:30am–5:00pm	8:00am–6:00pm
Saturday	— —	8:00am–4:00pm
Costs	Help with Insurance or Family Planning Benefit or Sliding Fee Scale	Free HIV and STD testing, Help with insurance or sliding fee scale for primary care
Insurance Accepted?	Yes	Yes

	Planned Parenthood	STD/HIV Program	Jordan Health at Community Place
Location	114 University Ave.	855 W. Main Street in Bullshead Plaza	145 Parsells Ave.
Bus No#	33, 38, 39,42, 48	4, 8, 25, 28	42, 42x
Telephone	1-866-600-6886	585-753-5481	585-784-5940
Services	Birth Control, Breast Exams, Emergency Contraception, Gynecological Care, HIV Testing, Counseling and Education, HIV Prevention (PrEP), HPV Vaccine, Pap Tests, Pregnancy Testing and Options Counseling, Smoking Cessation, Testing and Treatment of STDs, Wellness Exams	STD testing and treatment, HIV counseling and testing, Hep C testing, PrEP, PEP referral, Hep A, B, HPV and MCV4 vaccine, Pregnancy testing	Birth Control, Pap Smears, STI Testing & Treatment, Pregnancy Testing, HIV testing, PrEP, Emergency Contraception, Health Education, Physical Exams, Primary Care, Immunizations, Medication HPV vaccine
Ages Served	Any age, confidential, no parental consent	Any age, confidential, no parental consent	12-25 Confidential
Appointment Required?	Call for appointment. Some same day appointments available.	Walk-in services only	Services available by walk-in, appointments recommended. Appointments required for physical exams.
Hours			
Monday	8:30am-5:00pm	8:30am-3:30pm	9:00am-5:00pm
Tuesday	8:30am-7:00pm	8:30am-3:30pm	9:00am-5:00pm
Wednesday	8:30am-5:00pm	8:30am-3:30pm	9:00am-5:00pm
Thursday	8:00am-5:00pm	8:30am-11:30am	9:00am-5:00pm
Friday	8:30am-5:00pm	7:30am-2:30pm	9:00am-5:00pm
Saturday	9:00am-1:00pm	--	--
Costs	Help with Insurance or Family Planning Benefit or Sliding Fee Scale	Free	Help with Insurance or Family Planning Benefit Program or Sliding Fee Scale
Insurance Accepted?	Yes	With patient consent	Yes

Check out these youth resources:

In Control, (585) 328-3408, myincontrol.org

RISE/SOAR, cityofrochester.gov

Youth 4 Change Youth Leaders, (585) 262-4330 x3107

The MOCHA Center, Inc., mochacenter.org

THRIVE, (585) 428-7913; THRIVE@cityofrochester.gov