

## City of Rochester Youth Assets:

Selected responses to the Youth Risk Behavior Survey, administered to 3,194 high school students at Rochester City School District in **2017**.

Question	Strongly Agree	Agree	Not Sure	Disagree	Strongly Disagree
*My family gives me help and support when I need it	47%	32%	13%	5%	3%
*In my family, there are clear rules about what I can and cannot do	43%	36%	12%	6%	3%
	<b>0</b>	<b>1-2</b>	<b>3 or more</b>		
*If you had an important question about your life, how many adults do you know (not counting parents) to whom you would feel comfortable going to for help	23%	44%	32%		
	<b>Strongly Agree</b>	<b>Agree</b>	<b>Not sure</b>	<b>Disagree</b>	<b>Strongly Disagree</b>
*I get a lot of encouragement at my school.	30%	33%	22%	9%	6%
*In my community, I feel like I matter to people	24%	27%	32%	9%	9%
	<b>0 hours</b>	<b>1 hour</b>	<b>2 hours</b>	<b>3-5 hours</b>	<b>6 or more hours</b>
*In an average week, how many hours do you spend helping other people without getting paid (such as helping out at a hospital, daycare center, food shelf, youth program, community service agency or doing other things) to make your city/town a better place for people to live?	52%	13%	14%	13%	8%
	<b>0 days</b>	<b>1 day</b>	<b>2 days</b>	<b>3 days</b>	<b>4 or more days</b>
During the past 7 days, on how many days were you physically active for a total of 60 minutes per day? (Physical activity is defined).	41%	6%	9%	11%	33%