



metro council for teen potential  
585-445-6774  
metro council for teen potential.org

Metro Council  
for Teen Potential

THIS CARD COMPILED AND DISTRIBUTED BY

Where youth can find confidential reproductive and general health care. (many services are free)

# Rochester Youth Health Centers

	Highland Family Planning	Trillium Health
Location	757 S. Clinton Ave.	259 Monroe Ave.
Bus No#	51	47
Telephone	585-279-4890	585-545-7200
Services	Birth control, Emergency contraception, Health education, STD testing and treatment, Pregnancy testing, HIV rapid testing	Primary care, Health Education, HIV rapid testing, STD testing for women & gay men, HIV treatment, safer sex kits
Ages Served	Men & women of childbearing age Confidential	13 and older, no parental consent
Appointment Required?	Appointment recommended, but walk-ins welcome	Walk-in services
Hours		
Monday	12:30pm–8:00pm	9:00am–5:00pm
Tuesday	8:30am–5:00pm	9:00am–7:00pm
Wednesday	12:30pm–8:00pm	9:00am–5:00pm
Thursday	8:30am–5:00pm–	9:00am–7:00pm
Friday	8:30am–5:00pm	9:00am–5:00pm
Saturday	— —	— —
Costs	Help with Insurance or Family Planning Benefit or Sliding Fee Scale	Free HIV and STD testing, Help with insurance or sliding fee scale for primary care
Insurance Accepted?	Yes	Yes

	<b>Planned Parenthood</b>	<b>STD/HIV Program</b>	<b>Jordan at Community Place</b>
Location	114 University Ave.	855 W. Main Street in Bullshead Plaza	145 Parsells Ave.
Bus No#	33, 38, 39,42, 48	4, 8, 25, 28	42, 39, 38, 33
Telephone	800 Number: 1-800-230-PLAN	585-753-5481	585-784-5940
Services	Birth Control, Emergency contraception, Gynecological care, HIV testing and education, STI testing & treatment, HPV vaccine, Pregnancy testing, Pap Tests, Breast exams, Rape Crisis Services, Smoking cessation	STD testing and treatment HIV testing and referrals Hep A & B vaccine Hep C testing PReP info and referral Risk prevention HPV vaccine Pap smear Pregnancy testing	Birth Control, Pap Smears, STD Testing & Treatment, Pregnancy Testing, HIV testing PReP Emergency Contraception, Counseling Referrals, Physical Exams, Primary Care, Immunizations, Medication
Ages Served	Any age, confidential, no parental consent	Any age, confidential, no parental consent	12-25 Confidential
Appointment Required?	Call for appointment. Some same day appointments available.	Walk-in services only	Services available by walk-in but appts. recommended
Hours			
Monday	7:30am-5:00pm	8:30am-3:30pm	9:00am-5:00pm
Tuesday	9:00am-6:30pm	8:30am-3:30pm	9:00am-7:00pm
Wednesday	7:30am-5:00pm	8:30am-3:30pm	9:00am-5:00pm
Thursday	7:30am-5:00pm	8:30am-11:30am	9:00am-7:00pm
Friday	8:00am-4:30pm	7:30am-2:30pm	9:00am-5:00pm
Saturday	--	--	--
Costs	Help with Insurance or Family Planning Benefit or Sliding Fee Scale	Free	Help with Insurance or Family Planning Benefit or Sliding Fee Scale
Insurance Accepted?	Yes	With patient consent	Yes

### Check out these youth resources:

In-Control, (585) 328-3408, [myincontrol.com](http://myincontrol.com)

Community Place of Greater Rochester CAPP,  
(585) 372-7200 or [jordanhealth.org](http://jordanhealth.org)

City SOAR/CAPP, (585)428-6329, [cityofrochester.gov](http://cityofrochester.gov)

Youth 4 Change Youth Leaders, (585) 325-5116 x3500

The MOCHA Center, Inc., [mochacenter.org](http://mochacenter.org)